



IHS

INSTITUTE OF HEALTH SCIENCES

(A Unit of Margdarsi)

Office: N-2/41, I.R.C Village, Nayapalli, Bhubaneswar – 751015, Ph.:0674-2553640, 2550054

Campus: Chandaka, Bhubaneswar, Khordha, Odisha, pin: 754005, E-mail: ihsbbsr@margdarsi.org, web: www.ihsindia.org

IHS/TAP1/ 2021

DATE-17/02/2021

CIRCULAR

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This is to inform all the students of **BPT and BASLP** that a training program for Career advancement course “**Role of Non-Verbal Communication in patient counseling**” will be held online due to the current Covid situation, **17/02/2021**. Timing will be **09:00 AM to 05:00 PM**. The maximum intake of the program will be **79 participants**. Interested students should give their name to their respective class teachers. For further queries please contact T&P CELL coordinator.

**Director
Institute of Health Sciences**

CC to:

Notice Board (College/All Hostels)

H.O.D of all Departments

**Director
Institute of Health Sciences
Bhubaneswar**



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TRAINING & PLACEMENT CELL

Career Advanced Course: Role of Non-Verbal Communication in patient counselling

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Program Duration: 9 H

Date: 17/02/2021

Number of Participants: 79

Course Objectives:

The participant will be able to:

- ☑ Understand the importance of Nonverbal communication in therapy
- ☑ Understand the importance of positive body language in a therapeutic settings
- ☑ Cultural differences in Nonverbal communication.

Topic	Duration
Lecture 1 Introduction and importance of nonverbal communication	1Hours
Lecture 2 Principles of Nonverbal communication	1 Hours
Lecture 3Types of Nonverbal communication	2 Hours
Lecture 4 Positive body language and Its impact in counselling	1 Hours
Lecture 5 Importance of nonverbal communication as a motivation tool in different age group	2 Hours
Lecture 6 Comparison between nonverbal and verbal communication	1 Hours
Lecture 7 Nonverbal communication therapy	1 Hours

Director
Institute of Health Sciences
Bhubaneswar



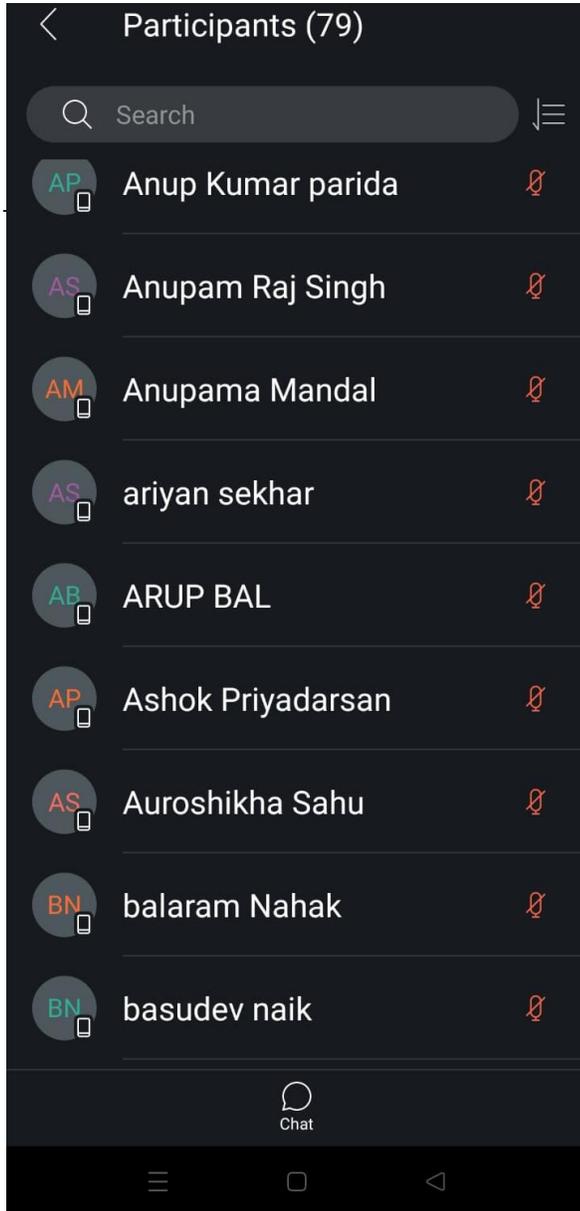
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IHS/TAP1/ 2021

DATE-25/03/2021

Circular for a Value Added Course on Yoga and health promotion

This is to inform all the students of BPT and BASLP that a **Soft skill training Course on Yoga and health promotion** will be held online due covid situation, from 25th -27th March 2021


Principal
Institute of Health Sciences
Bhubaneswar

Principal

I.H.S.

CC to:

Notice Board (College/All Hostels)

HOD of all Departments


Director
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Course Code: IHS-VAC06-19

Course: Yoga and health promotion

Program Duration: 12Hrs

Course Objectives:

- To enable the student to have good health.
- To practice mental hygiene.
- To possess emotional stability.
- To integrate moral values.
- To attain higher level of consciousness.

Topic	Duration
Lecture 1 General Health promotion	1Hour
Lecture 2Yoga Philosophy	1Hours
Lecture 3 Streams of yoga	1 Hours
Lecture 4Principles Of Asana	1Hours
Lecture 5Classical Asana Techniques And Modifications	1Hours
Lecture 6Principles And Practice Of Pranayama	1Hours
Lecture 7 Theory & Practice Of Meditation	1Hours
Lecture 8 Yogic Principles of Healthy Living	1Hour
Lecture 9 Mantras & Chanting	1Hours
Lecture 10 Yoga and Mental health	1Hour
Lecture 11 Yogic Aahaar	1Hour

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Pioneer institution imparting Bachelor & Master's degree in Audiology and Speech Language Pathology and Physiotherapy
Modern Diagnostic & Complete Treatment center for Hearing Impairment, Multi Modal Therapy for CP, MR,
Autism, Learning Disability, Therapy for speech defects, Musculo-skeletal disorders and Neurological Problems.



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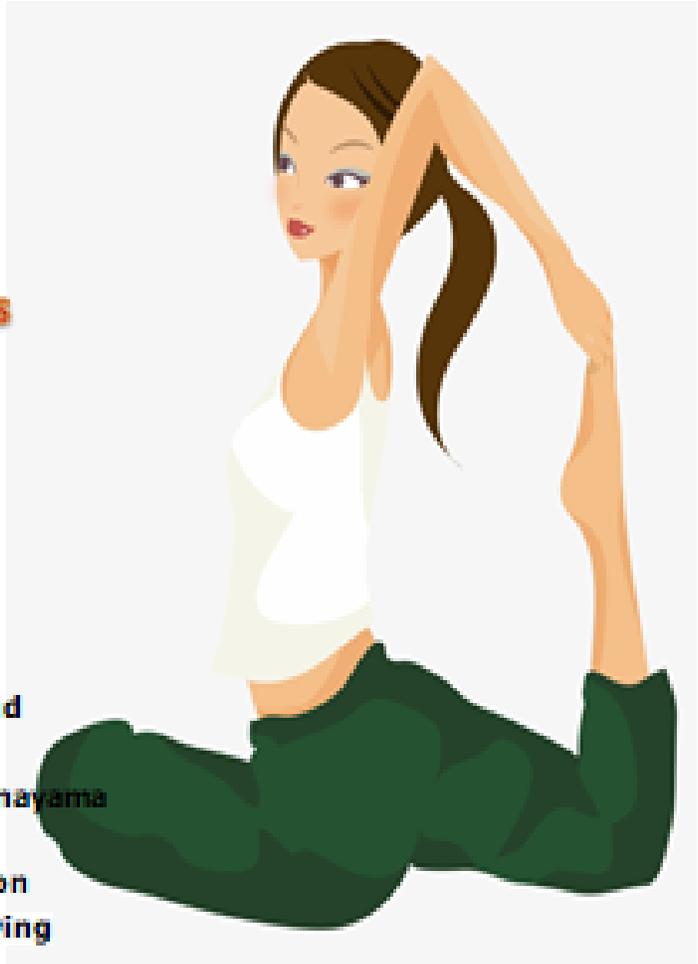
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YOGA AND HEALTH PROMOTION

**Soft skill training program in
yoga and health promotion**

Venue: Institute of Health Sciences

- Lecture 1 General Health promotion**
- Lecture 2 Yoga Philosophy**
- Lecture 3 Streams of yoga**
- Lecture 4 Principles Of Asana**
- Lecture 5 Classical Asana Techniques And Modifications**
- Lecture 6 Principles And Practice Of Pranayama**
- Lecture 7 Theory & Practice Of Meditation**
- Lecture 8 Yogic Principles of Healthy Living**
- Lecture 9 Mantras & Chanting**
- Lecture 10 Yoga and Mental health**



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Value Added Course: Yoga and health promotion

The Program started by invoking the blessings of God by Principal I.H.S., and the dignitaries, and a devotional song.

The Resource person gave an overview of Yoga and its importance in today's world.

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Aim and Objectives of the program

The participants after this course will be able to

- To enable the student to have good health.
- To practice mental hygiene.
- To possess emotional stability.
- To integrate moral values.
- To attain higher level of consciousness.

Topics Covered:

Lecture 1 General Health promotion

Lecture 2 Yoga Philosophy

Lecture 3 Streams of yoga

Lecture 4 Principles Of Asana

Lecture 5 Classical Asana Techniques And Modifications

Lecture 6 Principles And Practice Of Pranayama

Lecture 7 Theory & Practice Of Meditation

Lecture 8 Yogic Principles of Healthy Living

Lecture 9 Mantras & Chanting

Lecture 10 Yoga and Mental health

Lecture 11 Yogic Aahaar

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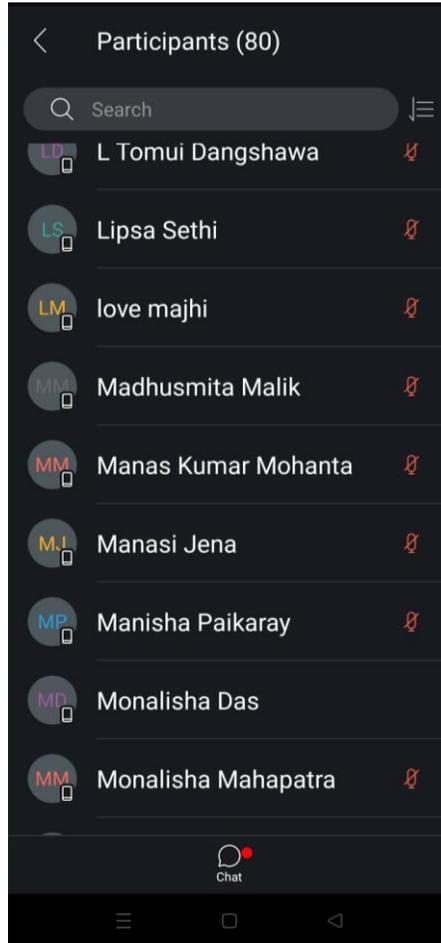
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Attendance



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